

SMH and Ochsner present

Fit As A Firefighter

SUMMER CAMP

June 3 - 7

M - Th 8am - 3pm

Fri 8am - 12pm

Slidell Memorial Hospital, Ochsner and St. Tammany Parish Fire Protection District 1, team up with a host of community groups to offer a summer nutrition and fitness program open to all children ages 7 - 12. The Fit As A Firefighter Camp offers fun activities to teach children the importance of embracing a healthy, active lifestyle. Camp meets at St. Tammany Fire District 1 Training Academy/Camp Villere in Slidell.



Program Partners

Blue Bell Creamery

Fireman's Federal Credit Union

Louisiana Wildlife & Fisheries

National Weather Center

New Orleans Saints

Slidell Police Dept.

St. Tammany Communications District 1

St. Tammany Coroner's Office

St. Tammany Parish Sheriff's Office

Register at SMH Community Outreach Center

501 Robert Boulevard, 2nd Floor

April 9 & April 23 • 11am - 6pm

Or by appointment,

Please call (985) 280-8529

Registration Packets available at SMH Info. Desk, SMH Community Outreach Center, and online at SlidellMemorial.org/community-outreach.

Camp fee: \$150, \$125 for each additional child.

After May 15, registration by appointment only: \$165. Registration ends May 31.

Space is limited.

Activities

Daily Nutrition

First Aid

NOLA Pelican's Training Camp

Water Day

Stress Management

Fitness Classes

Self-Esteem

Firefighter Games

Law Enforcement Demonstrations

Healthy Snack Class

N.O. Saints Jr. Training Camp

Water Safety

Smokehouse

Fire Truck & Ambulance Tours

Robotics

And more!

SMH
Foundation™



Smile Doctors
Orthodontics